

Con-Val Tennis Team Information

Coach: Mike Young
Phone: Cell 603-320-3350
E-mail: cvtennis@msn.com

PRACTICE: Practice will start at Adams Playground on Monday, 3/19. Practice at Adams will be Monday-Friday, 4:15-5:45 p.m.

IF THE COURTS ARE NOT PLAYABLE:

Our first day of practice will be Tuesday, 3/20, @ 5:45 a.m-7:00a.m. at Monadnock Indoor Tennis Club (MITC) on Concord St.. Practice indoors will be every other day, alternating with the girls team.

MATCHES: Home matches are scheduled to start at 4 p.m. at Adams Playground. All team members will be at Adams by 3 p.m. for warm-up on match days. For away matches, you will be dismissed 15 min. before bus departure. All team members will have their uniform on before they get on the bus.

You must have completed your registration on Family ID, have a physical, less than 2 yrs. old, on file with the Athletic Department and have had a baseline concussion test to be on the Tennis Team.

MITC is allowing us to use the facility as a team at no charge and the following rules apply:

1. **DO NOT WEAR YOUR TENNIS SHOES TO THE CLUB!** Your tennis shoes must be clean, free of dirt and sand and have non-marking soles. Running shoes and some tennis shoes have marking soles. Make sure your's are non-marking. These are rules that even the members of the club must follow.
2. When you change into your playing clothes you will hang up everything you have taken off. Since they will be cleaning the club while we are there on Mondays and Thursdays, all of your items must be hung up or on the bench. **NOTHING IS TO BE LEFT ON THE FLOOR.**
3. You will be orderly, quiet, and respectful of anyone in the club. No running, screaming, or abuse of the facility.

BE ONTIME FOR PRACTICE!!

Being a member of the tennis team commits you to all practices and matches. You must inform the coach, **by phone or in person**, if you are going to miss either.

I will email or text important information, re: cancellations of practice or matches.

The AD cancels any matches due to weather or for whatever reason. I will let you know as soon as I know when a match is canceled. There will be an announcement at school regarding any cancellation of a match or practice.

There will be no use of cell phones or game machines permitted during practice or matches. If your parents need to get in touch with you during either, they can call me at 603-320-3350.

Mike Young, Coach
603-320-3350
cvtennis@msn.com

Your Name:

Parent's Signature: